

Greater Greensboro Invitational

Saturday June 20th.

Location: 2957-B Battleground Ave. Greensboro, NC 27408.

Name Birth date

* Street Address
* City * State
* Zip Code * Phone Number
* Email
* School * Rank

- *Sparring : Continuous ITF style. Full set of gear is required (helmet, mouth guard, gloves, groin protection (males), and foot pads. Rib and shin guards recommended.*
 - *Korean Forms: ITF, WTF and Tang Soo Do only.*
- *Board Breaking. 3rd Gup and above only. Juniors receive 2 boards and teen and adults receive 4 boards. You have a max of 2 min. to set up your breaks. You will be judged on accuracy and difficulty. Each can receive up to 100 pts.*
- *Age Brackets will be: 5 & under. 6-9. 10-12. 13-15. 16 and up (there are no weight divisions as it is light contact)*
- *Each Age bracket will be broken into the following levels on sparring and forms: 10th-7th gup (contact and non contact sparring groups divided), 6th-3rd gup, 2nd Gup and up. Board breaking will be broken down to below black belt and then Black belt and above.. Note: This is a small invitational/training tournament so rank divisions are broader.*
- *Medals will be awarded for 1st thru 3rd Place. 4th and beyond will also receive a medal for the under 13 yr divisions*

Judges Meeting: 9:30 am. Essential Martial Arts. Demo: 9:45 am.
Tournament begins at 10:15 am and should end by 2 pm.

I hereby voluntarily submit my application for attendance and participation in said tournament and hereby assume all responsibilities for any and all damages, injuries or losses I may sustain or incur while attending, participating and traveling to and from said activity. I hereby release and waive all claims against the sponsors, promoters, organizers, operators hosts, instructors, associations, school, owners, officers, directors, employees and other participants connected with said tournament individually or otherwise. I also understand further that I shall strictly obey instructors and observe safety rules. I further agree that any pictures and video taping of me in connection with said activity can be used for publication, promotion, articles, shows, and advertisement without additional consent and without compensation at this time or any other time. I understand that registration fees are non-refundable.

- Signature (If under 18 must be signed by legal guardian)

Date:

First event - \$35.00 (Add \$5 per person after June 15th). How Many?

\$10 for each additional event . *Grand Total?

Credit Card Number Exp. Date:

Charge ***Grand Total** to the above Credit card. Card Holder's Signature

Or mail a check and this registration form to: Essential Martial Arts. 2957-B Battleground Ave. GSO, NC 27408.
Or Pay Pal to essential_martialarts@yahoo.com **There are NO refunds. 336-282-3000 w/ questions**

